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**NOTICE TO ALL EMPLOYEES FROM CCCSIG REGARDING  
PRE-DESIGNATION OF PERSONAL PHYSICIAN**

The Division of Workers' Compensation recently finalized the Pre-Designation of Personal Physician regulation. All forms can be accessed at [www.cccsig.org](http://www.cccsig.org) as follows:

- Only your "personal physician" (MD or doctor of osteopathic medicine (DO) is qualified to treat you in the event of a work-related injury **if** you have on file a Statement of Personal Physician Designation and Pre-Designated Physician Form **PRIOR** to date of injury
- Your "personal physician" must retain your medical records and medical history
- Your "personal physician" **must agree** to be pre-designated to treat you, in the event of a work-related injury
- Recent regulation changes allow you to be seen by your "personal chiropractor" or "personal acupuncturist" **AFTER** your treatment is initiated/begun with a doctor on your District Medical Panel **AND** you have on file a Statement of Personal Chiropractor or Personal Acupuncturist **PRIOR** to date of injury
- You may download the Statement of Personal Physician Designation and Pre-Designated Physician Form and Statement of Personal Chiropractor or Personal Acupuncturist, as follows:

Go to CCCSIG Home Page [www.cccsig.org](http://www.cccsig.org) and click on Publications and Forms (directly under heading "Contra Costa County Schools Insurance Group



Scroll down to Workers' Compensation Claims and select Statement of Personal Chiropractor or Personal Acupuncturist and/or Statement of Personal Physician Form and Pre-Designation Physician Form

**Workers' Compensation Claims**  
 DNC-1 (PDF)  
 Employee/Supervisor's Report (PDF)  
 Medical Treatment Declined Form (PDF)  
 Mileage Record (PDF)  
 Statement of Personal Chiropractor or Personal Acupuncturist (PDF)  
 Statement of Personal Physician Designation and Pre-Designated Physician Form (PDF)  
 Table of Indemnity Rates (PDF)  
 Workers' Compensation New Claim Report Form (PDF)  
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- When you have completed either form, keep a copy and give the original to either your District Human Resources person or your District Claims Coordinator

- Be sure to contact the CCCSIG Claims Department 1.866.922.2744 or your District Claims Coordinator if you will transfer treatment to your “personal chiropractor” or “personal acupuncturist” after your treatment has been initiated/begun with a doctor from your District’s Medical Panel
- Note: you can have both the Statement of Personal Physician Designation and Pre-Designated Physician Form and the Statement of Personal Chiropractor or Personal Acupuncturist. If you already have a designation form on file for a chiropractor or acupuncturist, you do not need to re-file. However, treatment with the chiropractor or acupuncturist can not occur until after you are treated by the District Medical Panel.

### TO ACCESS MEDICAL PANELS:

Go to CCCSIG Home Page [www.cccsig.org](http://www.cccsig.org) and click on Workers Compensation (gold toolbar below top photo)



Click on Medical Panels (left side of screen) and click on your District



- If you already have a designation form on file for a chiropractor or acupuncturist, you do not need to re-file. However, **treatment with the chiropractor or acupuncturist can not occur until after you are treated by the District Medical Panel or a pre-designated medical physician already on file with your district.**