

# CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

## PITTSBURG UNIFIED SCHOOL DISTRICT

2000 Railroad Avenue, Pittsburg, CA 94565

Call your W/C Coordinator/Contact Person at (925) 473-2333

### WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor **IMMEDIATELY!**

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

**UNLESS**, prior to the injury, a Pre-Designated Personal Physician form is on record with the Site/District office.



### **KAISER PERMANENTE – DEER VALLEY**

4501 Sand Creek Road  
Antioch, CA 94531  
(925) 813-3770

### **US HEALTHWORKS**

2231 Galaxy Court  
Concord, CA 94520  
(925) 685-7744

### **US HEALTHWORKS**

3140 Balfour Road, Suite C  
Brentwood, CA 94513  
(925) 626-3801

### **SUTTER DELTA MEDICAL CENTER**

**Emergencies or After Hours Only**  
3901 Lone Tree Way  
Antioch, CA 94509  
(925) 779-7200

### **JOHN MUIR URGENT CARE, BRENTWOOD**

**Emergencies or After Hours Only**  
2400 Balfour Road, Suite 120  
Brentwood, CA 94513  
(925) 308-8111

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at [www.ccsig.org](http://www.ccsig.org) or contact the District WC Coordinator at the number above.

**CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP**  
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137