CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

PITTSBURG UNIFIED SCHOOL DISTRICT

2000 Railroad Avenue, Pittsburg, CA 94565
Call your W/C Coordinator/Contact Person at (925) 473-2333

WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physician form is on record with the Site/District office.



KAISER PERMANENTE — DEER VALLEY

4501 Sand Creek Road Antioch, CA 94531 (925) 813-3745

US HEALTHWORKS

1855 Gateway Boulevard, Suite 100 Concord, CA 94520 (925) 685-7744

US HEALTHWORKS

3140 Balfour Road, Suite C Brentwood, CA 94513 (925) 626-3801

SUTTER DELTA MEDICAL CENTER

Emergencies or After Hours Only 3901 Lone Tree Way Antioch, CA 94509 (925) 779-7200

JOHN MUIR URGENT CARE, BRENTWOOD

Emergencies or After Hours Only 2400 Balfour Road, Suite 120 Brentwood, CA 94513 (925) 308-8111

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at www.ccsig.org or contact the District WC Coordinator at the number above.