

# CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP WORKERS' COMPENSATION MEDICAL PANELS

## JOHN SWETT UNIFIED SCHOOL DISTRICT

400 Parker Avenue, Rodeo, CA 94572

Call your W/C Coordinator/Contact Person at (510) 245-4300 ext. 104

### WHAT TO DO IF YOU ARE INJURED AT WORK:

If you experience a workplace injury, notify your Supervisor IMMEDIATELY!

In the case of non-life threatening injuries, a phone call will be placed by you, and/or your Supervisor, to the Company Nurse hotline at (888) 375-9779 and give Code "CSIG". A Registered Nurse will gather information about your injury and make appropriate medical care recommendations.

If Company Nurse determines that your workplace injury requires medical care, you must be seen by one of the medical providers listed on this panel.

UNLESS, prior to the injury, a Pre-Designated Personal Physician form is on record with the Site/District office.



### KAISER RICHMOND OCCUPATIONAL HEALTH

901 Nevin Avenue  
Richmond, CA 94801  
(510) 307-1560

### KAISER MARTINEZ OCCUPATIONAL HEALTH

200 Muir Road, Hacienda Bldg.  
Martinez, CA 94553  
(925) 313-0301

### KAISER VALLEJO OCCUPATIONAL HEALTH

975 Sereno Drive, 1st Floor, Hallway H  
Vallejo, CA 94589  
(707) 651-2950

### US HEALTHWORKS

2231 Galaxy Court  
Concord, CA 94520  
(925) 685-7744

1981 N. Broadway, Suite 190  
Walnut Creek, CA 94596  
(925) 932-7715

### KAISER PERMANENTE MEDICAL CENTER

800 Sereno Drive  
Vallejo, CA 94589  
(707) 651-1050

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For additional information on work related injuries visit the Contra Costa County Schools Insurance Group website at [www.cccsig.org](http://www.cccsig.org) or contact the District WC Coordinator at the number above.

**CONTRA COSTA COUNTY SCHOOLS INSURANCE GROUP**  
550 Ellinwood Way, Pleasant Hill, CA 94523 ~ Phone: 1 (866) 922-2744 Fax: (925) 692-1137